



HOTEL TERME
BRISTOL BUJA

ABANO THERMÆ & SPA



RELAX
gourmet
well-feeling



THERMÆ
sport
beauty



PRICELIST 2012

OUR SERVICES INCLUDED IN ROOM RATES

■ POOLS & RELAXATION

- Four thermal pools, indoor and outdoor, hydromassage area, cervical waterfall and Kneipp circuit
- Sauna kingdom: Finnish sauna with color and music therapy at a temperature of 80/90°, thermal steam cave with humid microclimate and temperatures between 37° and 40°, aromatized Turkish bath at a temperature of 42° and 90% humidity, cold Kneipp circuit, Scottish bath, relaxation lounge
- Jacuzzi for couples with color therapy
- Sunbeds and umbrellas both poolside and in the garden during warm weather
- Relaxation area and solarium in the indoor pool
- Herbal Tea Point in the Maison B.B.: a selection of teas and infusions at your disposal during opening hours
- Spa-Kit: soft bathrobe, slippers and colored towel for the pool available during your stay

■ ENTERTAINMENT

- Rich program of evening musical entertainment: piano bar, disco music, dance performances, fashion shows, classical music concerts, cocktail parties
- Special programs and theme evenings during the holidays
- Dinners and surprise evening events at the pool in summer

■ SPORTS AND FITNESS

- Technogym-equipped fitness center
- Bicycles for guests
- Water gymnastics in the pool every morning on weekdays
- Clay tennis court
- Ping pong and bocce court
- For golfers: special price green fees, reservations in reception, practice course reservations, private lessons with multilingual instructors, custody of golf bag during your stay
- Driving range: putting green, bunker and 70-m par-3 hole
- 12x8-m freshwater pool (in summer)

■ EXCLUSIVE COMFORTS

- Free Wi-Fi connection in the entire hotel
- Porter service and excursion booking, ticket office, taxi, tourist information
- Private covered parking lot
- Smoking room
- Music room, reading room, game room, pool table

Separate charges:

- Solutions for company and managerial needs – convention room and meeting rooms
- Babysitting/caretaker services upon request

PLEASURES OF THE PALATE



For guests who choose full-board (or half-board): our team of cooks, led by Chef Claudio Crivellaro, will make you appreciate, day after day, the simple flavors of the Veneto, reinterpretations of traditional recipes and sophisticated suggestions of international cuisine. These rich menus are accompanied by a buffet of appetizers, salads, cheeses, fruit, and desserts.

We pride ourselves on our hotel pastry laboratory, headed by our Chef Federica, which lets us provide you with a breakfast buffet of tarts, biscuits and cakes fresh out of the oven and delight you with delicious desserts at the end of meals.







Dietetic menus: the Bristol Buja, always attentive to the health and wellbeing of its guests, was one of the first thermal spa hotels to propose customized menus with measured calories, thanks to the collaboration of professional dieticians, in synergy with our Chef. The entire kitchen team is specialized in fat-free cooking, bringing out the most in top-quality fresh seasonal products, selected daily at fish, meat and fruit and vegetable markets.

Appointments with taste:

- Candle light dinner
- Veneto dinner, tasting with typical local products

From May to September you can choose to have lunch in our air-conditioned poolside restaurant that offers a menu of Mediterranean specialties and fresh salads (supplement € 5.00 per person).

Pricelist 2012

			Low Season	High Season
	BASIC ROOM	Bed & Breakfast	€ 83,00	€ 98,00
		Half-board	€ 103,00	€ 118,00
		Full-board	€ 113,00	€ 128,00
	CLASSIC ROOM WITH BALCONY	Bed & Breakfast	€ 93,00	€ 108,00
		Half-board	€ 113,00	€ 128,00
		Full-board	€ 123,00	€ 138,00
	ELEGANT ROOM	Bed & Breakfast	€ 98,00	€ 113,00
		Half-board	€ 118,00	€ 133,00
		Full-board	€ 128,00	€ 143,00
	JUNIOR SUITE	Bed & Breakfast	€ 108,00	€ 123,00
		Half-board	€ 128,00	€ 143,00
		Full-board	€ 138,00	€ 153,00
	SUITE	Bed & Breakfast	€ 118,00	€ 133,00
		Half-board	€ 138,00	€ 153,00
		Full-board	€ 148,00	€ 163,00
	EXCLUSIVE SUITE	Bed & Breakfast	€ 123,00	€ 138,00
		Half-board	€ 143,00	€ 158,00
		Full-board	€ 153,00	€ 168,00

Low Season	11.03 – 31.03; 10.04 – 05.05; 24.06 – 04.08; 19.08 – 08.09; 28.10 – 17.11;
High Season	01.04 – 09.04; 06.05 – 23.06; 05.08 – 18.08; 09.09 – 27.10; 23.12 – 06.01.2013

The Hotel is closed from November 18 to December 12, 2012.

OUR ROOMS

All rooms are equipped with satellite TV, Wi-Fi connection, bathroom with tub or shower, telephone, mini bar, safe, individually regulated air-conditioning/heating.

We have combinations of single and double communicating rooms. Upon request we reserve rooms for non-smokers.

SMALL SUPPLEMENTS

for greater comfort during your stay (daily prices)

- Stays of fewer than 3 nights, per person € 10,00
- Basic or Classic single room € 9,00
- Double room for single use € 25,00
- Restaurant service in the pool and/or room, per person € 5,00
- Private parking € 5,00
- Private car box € 10,00
- Small and medium-sized dogs € 12,00
- **NEW YEAR** (from 27/12/2012 to 6/1/2013)
For stays of fewer than 7 nights, per person € 30,00

FOR OUR LITTLE GUESTS:

in a room with 2 paying adults

- children up to 3 years of age free
- from 3 to 9 years of age 50% discount
- from 9 to 14 years of age 30% discount

INFORMATION ON HOTEL STAY

At the moment of booking your credit card number or a deposit will be requested.

Room availability: on the day of arrival your room will be available from 2 p.m.; on the day of departure please leave the room by 11 a.m.

Meals not consumed will not be deducted from the price of your stay.

CANCELLATION TERMS

In line with the European standard and in lack of other agreements, if a reservation is cancelled or departure is anticipated, the following will be charged:

- within 8 days from arrival: no charge;
- from the 7th day before arrival: 1 night's stay, regardless of the number of nights booked;
- early departure: we reserve the right to charge the entire amount of the stay.

THE EXCELLENCE OF BRISTOL BUJA 2012



Bristol Buja
"All-inclusive"

This offer is valid year-round and includes:

- Accommodation in a Junior Suite or Suite, depending on availability
- Full board, including DOC wines from the Euganean Hills and mineral water with meals
- 1 hour a day of spa or personalized beauty treatments
- All our services included in the room rates (described on pages 2 and 3)

€ 218,00 *a day per person*



Dedicated to Golf lovers

Full-immersion Golf with Green Fee reservation

- 4 Green Fees in three wonderful courses just 15 minutes by car
- 2 relaxing massages
- 2 Tanning sessions

€ 300,00

- 2 Green Fees in three wonderful courses just 15 minutes by car
- 1 relaxing massage
- 1 Tanning session

€ 150,00



In the hotel:

- Practice course including 70-m par-3 hole
 - Bunker - Putting green
- Custody of golf bags during your stay
- Reservations for golf courses nearby and in the Veneto
- Green Fee at special prices
- Private lessons with multilingual instructors

Golf 2012 Special

For groups of at least 8 golfers we offer a Green Fee at further discounted prices.

Promotion exclusively reserved for the Frassanelle and La Montecchia courses; valid year-round, from Monday to Friday.

Frassanelle Golf Club (10km) –Padova Golf Club (14km) –La Montecchia Golf Club (8km)
The room rate is not included and must be added to the package price.



SURPRISES FOR COUPLES

A romantic escape from everyday life

- 1 Night in a Junior Suite or Suite (depending on availability)
- Half board (buffet breakfast and gourmet dinner in our restaurant)
- A romantic surprise upon arrival: bottle of Prosecco, friandise (mini pastries prepared by our Chef) and fresh fruit in your room
- 1 55-minute relaxing massage per person
- The comfort of all our services included

Price per person € 200,00



NOT ONLY WEEKENDS

From Sunday to Thursday, 4 nights at the price of 3

- 4 Nights in a Junior Suite or Suite (depending on availability)
- Half board (buffet breakfast and dinner in our restaurant)
- 1 55-minute anti-stress or toning massage
- The comfort of all our services included

Price per person € 450,00

Arrival on Sunday and departure on Thursday. Offer not valid during long holiday weekends and holidays.



SPA DAY

Give yourself a day of relaxation

From 9 a.m. to 7 p.m.:

- Free access to the pools and the Sauna Kingdom
- SPA Kit and bathing cap for the day
- Lunch (excluding beverages)
- 1 Treatment of your choice for 25 minutes
- Room available for daytime guests

Rates:	Weekdays	Saturday/Sunday/ holidays and pre-holidays
For 1 person	€ 142,00	€ 167,00
For 2 people	€ 259,00	€ 299,00

Phone reservation is required at least one day before.

APPOINTMENTS TO NOT MISS

Arena of Verona – 90th festival 2012

from June 22 to September 2, 2012

Don Giovanni – Aida – Carmen – Romeo & Giulietta – Turandot – Tosca
Yet again this year we offer our collaboration to purchase tickets for the various performances. We recommend contacting us ahead of time.

69th Venice Film Festival

August-September 2012

Direct trains from Montegrotto Terme to Venice.

Free transfer for minimum three-night stays.

The Palio of 10 Municipalities

Montagnana, the first Sunday of September

In this walled city the Palio, according to the Statute of 1366, is re-enacted. It is a challenge of the skill and courage of 12 horses and 12 riders from the Montagnanese municipalities, to commemorate the city's liberation from the tyrant Ezzelino III da Romano. The entire city immerses itself in the Middle Ages, with traditional costumes, a procession, medieval market, and the Rocca degli Alberi fire.

La Soffitta nel Borgo

Arquà Petrarca, every 3rd Sunday of the month

Antique market in one of the most beautiful villages in Italy: 120 exhibitors from the entire peninsula. Collector's items – record albums – stamp collections – books – modern antiques – modelling – numismatics – decorative objects – watches – vintage.

THERMÆ AND MOTOR REHABILITATION CENTER



CONSULTATION AND MEDICAL THERAPIES

The Medical Staff:

Dr. Fabio Giacomazzi (Health Director)
Dr. Gilberto Lazzaro (Pneumology – Dietology)
Dr. Adalberto Bertolini (Internal Medicine)
Dr. Sergio Buja (Psychiatrics Health Director)
Dr. Luigi Giovanni Brunino (Psychiatrics – Rehabilitation)

Medical examination for admission to treatments, assistance during your stay, talk upon discharge..... € **38,00**

The purpose of the meeting with our specialized doctor is to check your state of health. During the consultation the doctor prescribes, according to your needs, the therapies you can follow during your stay and gives precise indications to the therapists on the type, number and duration of treatments, as well as the temperatures of mud and thermal baths.

Check up..... € **20,00**

Electrocardiogram..... € **45,00**

Spirometry..... € **70,00**

Spirometry is a very simple and non-invasive exam that is fundamental for the diagnosis, treatment and monitoring of various respiratory diseases (asthma, chronic obstructive bronchitis, pulmonary fibrosis, etc.) and for the interpretation of various respiratory symptoms (cough, breathing difficulties, bronchial catarrh, poor resistance to physical strain, sense of thoracic constriction, etc.)

MUD THERAPY AND REHABILITATION TREATMENTS

Mud therapy with shower and thermal bath..... € 36,00

Our DOC matured mud has been recognized as a natural medicine, useful in the treatment of many diseases characterized by pain in the joints, bones and muscles, and is also indicated for the treatment of cartilage lesions and the after-effects of sports traumas.

The mud is applied to the areas for a period prescribed by the doctor (generally at a temperature of about 42° for 15 minutes). Subsequently, a thermal water shower rinses off any clay residue.

Mud therapy for hands..... € 15,00

Thermal bath..... € 16,00

To complete the treatment, the guest is immersed in a tub for balneotherapy, which has been filled with thermal water at a temperature between 36°/38°. The thermal water dilates blood vessels and has a relaxing effect.

Ozone supplement..... € 7,00

Ozone is added to the water of the thermal bath by jets containing a mix of ozone and water, which, by massaging the entire body tone it. It helps dilate blood vessels, therefore stimulating blood circulation.

Thermal reaction massage..... 13 min € 17,00

The reaction massage completes the mud therapy; thanks to its muscle toning action, it helps alleviate and eliminate the transitory state of asthenia caused by the application of mud, the bath and the subsequent sweat reaction.

Thermal reaction massage..... 25 min € 33,00

A full-body regenerating massage that helps contrast the natural sensation of muscular relaxation caused by the hot treatments based on thermal mud and water.

Inhalations or aerosol with thermal water..... 15 min € 10,00

The particular composition of thermal water, made up of sodium chloride, bromide and iodine, purify the respiratory system mucous membranes (pharynx, larynx, bronchi, sinuses). Inhalation therapy is also indicated for children, with a shorter session time. The most common pathologies are: rhinitis, pharyngitis, laryngitis, sinusitis, and chronic bronchitis.

Inhalations or aerosol with medicaments..... 15 min € 12,00

Bathrobe for the treatment..... € 15,00

New bathrobe..... € 8,00

PHYSIO-KINESIOTHERAPY

Physio-kinesiotherapy is an integral part of thermal treatment and aims to recover joint and muscle functions compromised by symptomatic pain. Our center has therapists who employ advanced methods. The motor rehabilitation programs are carried out in both the gym and in water, in the physical therapy pool, a tub of thermal water equipped for individual sessions.

Physiatrics examination € 100,00

The specialist in Physical Medicine and Rehabilitation deals with degenerative joint disease and traumas; the therapy is customized and recovery times are accelerated.

Re-education – Medical gymnastics

Preventive gymnastics

physical preparation 30 min € 38,00

All the techniques and therapies used to correct or re-educate motor skills or posture in patients, who have not necessarily had motor damage or deficit, but who often have pain.

Individual programs 30 min € 38,00

60 min € 65,00

Manipulations, postural gymnastics, antalgic gymnastics, motor and functional rehabilitation, and manipulation with active gymnastics.

Hydro-kinesiotherapy

in thermal water 30 min € 38,00

60 min € 65,00

This method is soft and precocious and can be applied in many fields: surgical orthopedics, degenerative joint syndrome, neurology. Our thermal center offers an advantageous environmental and healthy complement to psycho-physical wellbeing compromised by current situations and longer life expectancy.

Personal trainer – upon request € 38,00

His action consists of educating to live healthy lifestyles, to plan and do training aimed at reaching a determined goal, based on real physiological and psychological needs.



INSTRUMENTAL PHYSICAL THERAPY

Antalgic electro therapy.....30 min € **40,00**

There are different types of electrical charges that produce a painkilling effect: Iontophoresis, Tens, Electrostimulation, Diadynamic, and interferential.

Laser therapy.....14 min € **20,00** 25 min € **40,00**

For therapeutic purposes, it consists of using the beneficial effects of electromagnetic energy, generated by two sources of laser light, which, by penetrating the tissues, provokes biochemical reactions on the cell membrane and inside the mitochondria. It is effective in treating various kinds of arthralgia, both rheumatic and degenerative, general traumas, and post-op motor rehabilitation. Laser therapy is painless, non-invasive and risk-free.

Ultrasound therapy.....14 min € **20,00** 25 min € **40,00**

It consists of sound wave emission that produce a heating and micro-massage effect, consequently loosening up small calcifications and adhesions.

Magnetotherapy.....25 min € **40,00**

A method that uses magnetic fields for therapeutic and regenerating purposes. The main applications are bone consolidation after fractures, osteoporosis, joint disease such as arthritis and arthrosis, etc. Thanks

to the repolarization of biological membranes and phenomena related to cell metabolism, this therapy causes an anti-inflammatory and antalgic actions for tissue repair.

Tecar.....25 min € **65,00**

An instrumental therapy that stimulates energy from inside biological tissues, activating natural reparative and anti-inflammatory processes. Tecar was initially only used in sports medicine, particularly for competitive sports, a sector where healing and recovery times are considerably important. The positive experiences and excellent results with this therapy then extended its use, and Tecar is continuing to be used in other different areas.

The advantage of Tecar over other energy therapies is that since the energy comes from inside, it can also involve deep layers, which cannot be treated with external energy transfer, for damage to skin caused by the emitted energy.



PACKAGES OF TRADITIONAL TREATMENTS

- Medical examination for admission to treatments, assistance during your stay, talk upon discharge
- Applications of mature mud with ozonized thermal baths
- 13-min. thermal reaction massages
- Bathrobe for treatment sessions

Cycle of 6 applications € 380,00

Cycle of 12 applications € 710,00

Recommended package of treatments

- Medical examination for admission to treatments, assistance during your stay, talk upon discharge
- 10 Applications of mature mud with ozonized thermal baths
- 10 25-min. thermal reaction massages
- 10 Inhalations with thermal water
- Bathrobe for treatment sessions

€ 840,00



REHABILITATION AND RECOVERY PROGRAMS

Rehabilitation and new wellness sensations

- Medical assistance
- 6 25-min. thermal reaction massages
- 6 Physical therapy sessions
- 3 Watsu

Package price € 600,00

Minimum recommended stay of 7 nights

Medical Wellness

- Physiatric examination
- 6 Hours of individual treatments, out of or in thermal water, with qualified staff
- 6 30-min. instrumental physical therapy treatments (laser, magnetotherapy, ultrasounds)

Package price € 690,00

Minimum recommended stay of 7 nights

MAISON B.B. WELLNESS AND BEAUTY

DIETETICS AND NUTRITION

Dietician examination 60 min € 170,00

"Who starts well is already half-way there": a talk with a specialized doctor, the evaluation of body composition through BIA and plicometric assessments, the analysis of eating habits and needs will help you get to know your muscular condition, lean-fat mass ratio and the opportune personalized consultation on a sports program and made-to-measure diet to follow during your stay and then continue at home. The doctor will indicate the menu suited for each guest to the Chef.

BIA Impedenziometry exam € 70,00

An exam with a non-invasive diagnostic electromedical device for the clinical analysis of body composition based on the measurement of intracellular and extracellular bioimpedence.

It provides data in order to assess:

- Body structure (quantitative and qualitative analyses: excess of fat, lack of lean mass, etc.)
- Basic metabolism and metabolic distribution
- Level of hydration, water retention and water turnover
- Chronic inflammation and hormonal alterations
- Body densitometry



MASSAGES AND SPA TREATMENTS

Anti-stress digital pressure.....25 min € **37,00**

Localized treatment performed through finger pressure on the shoulders, neck and head according to a sequence of energy points. Stimulation can also involve the energy points that act in metabolism: it therefore supports diets for detoxification and losing weight.

Anti-stress massage.....25 min € **36,00** 55 min € **63,00**

It is a group of manual maneuvers on the muscles, aimed at eliminating stress. This massage increases circulation in the arteries and veins, improving the nourishment of muscle fiber and favoring the removal of waste (carbon dioxide, lactic acids, etc.). The action is carried out throughout the entire organism, accelerating the replacement, increasing diuresis and producing a sedating and relaxing effect.

Toning massage.....25 min € **36,00** 55 min € **63,00**

A massage aimed at invigorating and toning tissue and making them recover elasticity. It not only acts on muscles, but also on the skin and the person's more global state of wellbeing and relaxation.

Massage with chocolate or vanilla.....45 min € **52,00**

It is a group of manual maneuvers aimed at the muscles, using scented oil that favors relaxation.

Connective massage.....25 min € **36,00**

It is a particular technique that permits discovering compromised areas between the connective tissue and muscles to eliminate the tension.

Cranial-sacral therapy.....55 min € **59,00**

It is a diagnostic and treatment approach based on corrective pressure exercised on the head and the spinal column. The treatment is indicated for headaches, muscular and joint pain, depression, apoplectic strokes, trauma, and stress.

Foot reflexology.....25 min € **38,00**

Manipulations and digital pressure on the reflex points that correspond to our organs, according to a precise map, with the consequent improvement in physical disturbances.

Manual lymph drainage.....55 min € **63,00**

A method of manipulation created by Dr. Vodder in the 1930's, with the purpose of favoring lymph circulation and microcirculation. The tissues are freed of lymph and better cell oxygenation is obtained.

Partial lymph drainage.....25 min € **34,00**

The lymph drainage technique applied only to the legs, arms or face.

Shiatsu.....55 min € **63,00**

A Japanese treatment based in part on manipulating the body, in part on exercising pressure in points located on meridians, in order to make energy flow along these channels and restore the state of psycho-physical wellbeing.

Watsu.....45 min € **62,00**

It is Shiatsu done in the water. The anti-gravity effect of water provides further relaxation, with the patient totally letting himself go in the hands of the therapist, in this way creating an exceptional balance between mind and body.

Hawaiian massage – energy waves.....55 min € **69,00**

Traditional Hawaiian massage, technically strong, with muscle toning effects and drainage and stimulation of circulation. It is done on a nude body with oils to facilitate the work of the hands and forearms, which make wave movements, delicate and energetic at the same time, which affect all levels of being.

Reiki treatment.....55 min € **62,00**

A Japanese treatment for rebalancing energy. The operator transmits energy to the receiver by delicately laying his hands on various points of the body. The first benefit is a sensation of deep relaxation and wellbeing. The treatment accelerates metabolic processes, the elimination of toxins and the rebalance of tissue and organ functions. A cycle of at least 3–4 sessions is recommended.

Ayurvedic massage.....55 min € **79,00**

"AYURVEDA" means the science of life, health and longevity (Ayu = daily life, Veda = knowledge). The Ayurvedic massage consists of slowly sliding hands along the paths that start from the central channel towards the periphery, from the external part to the internal one, from top to bottom, from bottom to top, involving the entire body, listening to its alterations in order to orient it towards greater

harmony. The massage is done with aromatic and curative oils, chosen according to the physical constitution of the person; the movements made reactivate blood and lymphatic circulation, producing a deep and general state of relaxation. Like all Oriental holistic disciplines, Ayurvedic massage aims at the person's psycho-physical wellbeing, considered in its entirety of body, mind and spirit.

Hot Stones with contrasting stones.....55 min € **73,00**

This therapy uses volcanic basalt rocks, which can conserve heat for long periods and slowly release it when in contact with the skin, through the use of pure essential oils. The beneficial heat makes the body and mind totally relax, giving a general sensation of wellness. The contrast heat therapy uses, apart from black volcanic rocks, the cold white ones, alternating them to stimulate blood circulation, eliminate toxins and tone muscles.

Hot Stone and Crystals.....55 min € **73,00**

An evocation of ancient traditions. Stones are heated and skilfully applied by slowly massaging the body. The gradual release of heat creates deep and particular relaxation. The crystals complete this magic moment through their rebalancing action on Chakra points.

FACIAL TREATMENTS

Massage and mud mask 25 min € **35,00**

The mud mask has properties that are indicated for face and neck beauty treatments. The mask is left on for 15 minutes; during this time the mud releases mineral substances that tone and nourish the skin, making it smoother and more radiant.

Face cleansing 55 min € **44,00**

Beauty treatment for the face and chest carried out with ozone steam, the removal of black heads, deep cleaning with specific products, massage, and decongestant mask.

Complete facial treatment 55 min € **50,00**

Deep facial cleaning with peeling and rest, application of specific tonic and serum with massage; sub-skin transmission with iontophoresis at the negative pole; mask.

Anti-wrinkle treatment with electrobiolifting 55 min € **52,00**

A true "wrinkle-smoothing" treatment for the face and chest, a device that emits waves that stimulate the derma. Treatment phases: cleansing, PH balance with tonic lotion, serum application (anti-age, hypersensitive, purifying) according to skin type, manual massage, and specific mask.

Facial Gommeing 55 min € **56,00**

A patented delicate pneumatic massage that nourishes and oxygenates face and chest derma, using specific products with a collagen or hyaluronic acid base. After just one session the toning and firming effects are evident.

Iridium 25 min € **31,00**

Treatment for eye contours with pure collagen, hyaluronic acid, algae extracts, Hamamelis and Rose water, hydrating, drainage, anti-wrinkle components, which give new freshness and elasticity.

Riviton (soft-laser beauty treatment) 55 min € **67,00**
3 sessions € **185,00**

A treatment based on a new ultrasound wave and laser technology, efficacious against skin ageing. The biostimulating action of the Riviton Formula works against wrinkles, oxygenating the skin and increasing microcirculation with the consequent acceleration of cell regrowth processes.

Vegetable facial peeling (glycolic acid) 55 min € **65,00**

A modern technique, yet already proven, which gives excellent results. Glycolic acid, an extract of sugar cane, applied on the face strongly works against wrinkles thanks to its power to smooth and remove dead skin cells. Also perfect to lighten spots, after various applications skin is radiant and elastic. The beautician does treatments with an acid concentration of 30%; the physician does treatments with an acid up to 70%.

BODY TREATMENTS

Body scrub-massage with salt and thermal bath..... 55 min € 60,00

Treatment that combines the relaxing effects of a massage with the efficacious stimulation of skin metabolism and microcirculation thanks to the salt particles rubbing against the skin, which also removes dead cells, renewing the skin.

Phytobath with thermal water and essences..... 25 min € 25,00

The phytobath with essences is a thermal water bath in which salts or essences of flowers, lemon verbena, rosemary, lavender, orange flowers, and many others are added, according to needs, to relax, tone and slim.

Algae-thalassotherapy + bath with Dead Sea salts..... 55 min € 48,00

It consists of a cataplasm of algae (sea oak) applied to the body and left for 20 minutes, which remineralizes tissues and removes excess liquids by osmosis. A thermal bath with Dead Sea salt completes the treatment, which is indicated for losing weight and eliminating cellulite.

Breast gomming..... 55 min € 52,00

Patented delicate pneumatic massage that nourishes and oxygenates the derma treated, using specific products with a collagen or hyaluronic acid base. After only one session the firming and toning effects are clearly visible.

"Armony" breast treatment..... 55 min € 51,00

Efficacious treatment to tone breasts and attenuate stretch marks. It is done with an electro biostimulating device indicated for treating the most delicate parts of the body.

Wonderbody (radiofrequency)..... 25 min € 49,00

55 min € 98,00

3 sessions € 264,00

This system provokes deep biological diathermal bone heating. It acts directly on the collagen and cellulite nodules. It is used for derma-epidermal toning, hydration, lymphatic stimulation and blood circulation. It slims by increasing metabolism, which induces the combustion of fats due to the thermal regulation effect. It also gives excellent contracture relief.

It can therefore also be used for rehabilitation.

It is suited for considerably improving facial appearance: it smoothes out wrinkles, shapes the oval of the face and chest and corrects imperfections caused by acne.

It is suited for reshaping the body: it tones breasts, thighs and buttocks; it fights against the "orange peel" effect and touches up the flaws of cellulite.

Cold wraps..... 25 min € 29,00

Anti-cellulite treatment

with ultrasound 55 min € **55,00**

It is based on the combined action of specific products that are transmitted under the skin by an ultrasound machine and a manual massage on the afflicted areas.

Ultrasound beauty treatment 25 min € **35,00**

Peristaltic pressure therapy 55 min € **42,00**

A treatment that uses a computerized machine with leggings and an abdomen band that are wrapped around the person. It stimulates lymphatic and blood circulation, emptying stagnant liquids and improving circulation. Excellent to fight cellulite.

Prometeo electrostimulator 55 min € **47,00**

It is a machine that shapes the body by producing electric pulses, which cause progressive, painless contractions that can affect surface and deeper areas. The results: lightening of the lower limbs, reduction in circumference, development of muscle mass, and tissue toning.

BEAUTY SERVICES

Manicure € **25,00**

Pedicure € **35,00**

Complete waxing 55 min € **50,00**

Tri-facial tanning 15 min € **10,00**

Tanning 20 min € **18,00**



THERMAL 5 COLOURS

5 products made of natural extracts, fruit of the uniqueness of Euganean Thermal Mud and enriched by the typical aromas of the Euganean Hills National Park:

- MICROSCRUB WHITE
- BODY SLIM YELLOW
- BODY TONIC GREEN
- ANTI-AGE PROTECTION RED
- ANTI-AGE INTENSIVE BLUE

Complete body treatment 75 min € **90,00**

White clay + color chosen from Yellow, Green, Red, Blue.

Single body treatment 45 min € **60,00**

Color chosen from White, Yellow, Green, Red, Blue.

Complete facial treatment 35 min € **70,00**

White clay + color chosen from Green, Red, Blue.

Single facial treatment 25 min € **40,00**

Color chosen from White, Green, Red, Blue.

BEAUTY SPECIAL



Heat that burns fat

Objective: shaping your body

- 1 Wonderbody treatment (55 min.)
- 3 Wonderbody treatments (25 min.)
- 3 Sessions with Prometeo electrostimulator

Package price..... € 347,00

Recommended minimum stay of 4 nights

A wave of freshness for your face

Objective: eliminating the signs of time

- 1 Complete facial beauty treatment
- 1 Wonderface treatment (25 min.)
- 2 Wonderface treatments (55 min.)

Package price..... € 265,00

Recommended minimum stay of 3 nights

Osmosis Effect

Objective: eliminating toxins and excess liquid

- 1 Scrub-massage with salt and thermal bath
- 3 Algae-thalassotherapies with Dead Sea salts and thermal bath
- 2 Beauty ultrasound sessions

Package price..... € 246,00

Recommended minimum stay of 3 nights

Color your day

Objective: hydrating and rejuvenating your face

- 1 Facial cleansing
- 2 Thermal5Colours – single facial treatment

Package price..... € 110,00

Recommended minimum stay of 3 nights

The room rate is not included and must be added to the package price.

OUR PROPOSALS FOR YOUR WELLNESS



Recharge with energy and reawaken your senses

- Medical assistance
- Body composition test
- 3 Antistress massages (55 min.)
- 2 Foot reflexology treatments
- 2 Shiatsu massages
- 1 Scrub-massage with salt and thermal bath
- 3 Algae-thalassotherapies
- 1 Complete facial beauty treatment

Package price € **650,00**

Recommended minimum stay of 7 nights



Learn to love yourself with a healthy diet

- Dietician examination, assistance during your stay
- Body composition test
- 5 toning or anti-cellulite massages (55 min.)
- 1 Scrub-massage with salt and thermal bath
- 1 Complete facial beauty treatment
- 3 Tanning sessions

Package price € **585,00**

Recommended minimum stay of 7 nights



Think about yourself give yourself a special gift

- 1 Antistress massage (25 min)
- 1 Complete facial beauty treatment
- 1 Phytobath with essential oil
- 1 Stone therapy
- 1 Hawaiian massage – waves of energy

Package price € **225,00**

Recommended minimum stay of 3 nights



Holistic circuit

listen to your body

- 1 Ayurvedic massage
- 1 Shiatsu treatment
- 1 Watsu in thermal water
- 1 Phytobath with essential oil
- 1 Cranial-sacral therapy

Package price € 260,00

Recommended minimum stay of 3 nights



Pamper yourself

and Relax

- 2 Face/body treatments with a choice between antistress or toning massage (25 min.), partial lymph drainage, massage and mud mask, facial cleansing, single Thermal5Colours facial treatment (25 min.)
- 1 Phytobath with essential oil

Package price € 100,00

Recommended minimum stay of 2 nights



A day

for yourself

- 1 Face/body treatment with a choice between antistress or toning massage (25 min.), partial lymph drainage, massage and mud mask, facial cleansing, single Thermal5Colours facial treatment (25 min.)
- 1 Phytobath with essential oil

Package price € 60,00

Recommended minimum stay of 1 night

The room rate is not included and must be added to the package price.



HOTEL TERME
BRISTOL BUJA

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