

MAISON B.B. WELLNESS AND BEAUTY

MASSAGES AND WELL-BEING TREATMENTS

Digital pressure 25 min € 40,00

Localized treatment performed through finger pressure on the shoulders, neck and head according to a sequence of energy points. Stimulation can also involve the energy points that act in metabolism: it therefore supports diets for detoxification and losing weight.

Anti-stress massage 25 min € 37,00
55 min € 65,00

Using a succession of various types of hand movements, this massage is especially effective on the neck, lumbar, and sacral areas. Known as the ultimate base massage, it includes all the essential techniques including gliding strokes, kneading, vibration, percussion and friction, which, when professionally applied, make it a complete instrument that can be integrated in an aesthetic, sports and pre-treatment environment.

Candle Massage 55 min € 70,00

It is a real multi-sensory massage, a cure-all for the body and the mind, for those who want to enjoy moments of total relaxation and regenerating tranquility. Honey, expertly mixed with shea butter, leaves the skin protected, nourished and compact with a lifting effect all over the body. This hot oil, obtained from lighting and melting the candle, aims to re-establish psychophysical balance, restoring wellbeing.

You & Me massage 55 min € 130,00

Massage with your partner is a way to savour relaxation together. This is an experience, a pathway to sharing the sensations of a relaxing massage with a person you feel emotionally close to.

Foot reflexology 25 min € 40,00

Manipulations and digital pressure on the reflex points that correspond to our organs, according to a precise map, with the consequent improvement in physical disturbances.

Phytobath with thermal water and essences 25 min € 25,00

The phytobath with essences is a thermal water bath in chromotherapy in which salts or essences of flowers, lemon verbena, rosemary, lavender, orange flowers, and many others are added, according to needs, to relax, tone and slim.



SPECIALS

Shiatsu 55 min € 70,00

A Japanese treatment based in part on manipulating the body, in part on exercising pressure in points located on meridians, in order to make energy flow along these channels and restore the state of psycho-physical wellbeing.

Aqua Healing 55 min € 64,00

Method of deep relaxation that takes place in water and that uses various integrated and harmonized practices, with the aim to release tension and achieve physical and psychosomatic balance. Suitable for the treatment of depression, anxiety, fatigue and stress.

Tibetan 55 min € 75,00

A speciality of Tibetan medicine with ancient origins. The massage begins with the application of oil all over the body, followed by a precise series of sounds corresponding to the division identified by Tibetan medicine of the human body into three "humours": wind, bile and phlegm. Their balance is fundamental for body wellbeing. Its benefits are felt in the nervous system and gastrointestinal system, as well as muscles and joints. Conversely, it is not advised for those with infectious and inflammatory diseases, liver and bile disorders, or serious water retention.

Ayurveda 55 min € 75,00

Devised in India thousands of years ago, Ayurveda is more than just a science for physical wellbeing: it is also philosophy, psychology, science of the spirit and – as its name suggests – a "science of life"

projected onto total physical and mental wellbeing. Ayurveda massage involves a slow and relaxing gliding of the hands over the entire body, sensing its alterations in order to orient it towards improved harmony. The massage uses aromatic and healing oils, chosen according to the kind of physical constitution the person has. Therefore, this massage represents the means by which balance and perfect harmony between body and mind can be achieved.

Hot Stones 55 min € 70,00

This involves the application of hot volcanic stones to the body. The stones are first heated to between 65 and 70° and then placed on the body, which has previously had some oil applied. This area is then manipulated using the stone. The effect of the stone is intensified by a suitable massage and is often associated with the power of aromatherapy. This kind of treatment is especially recommended for muscular, rheumatic or arthritic pain, stress, insomnia, and depression. Improves liquid retention and circulation, stimulates the metabolism and, from an aesthetic point of view, smooths the skin, making it appear more toned and relaxed. The benefits of stones on humour is also worth remembering.



LA BELLEZZA IN UN METODO

DIBI MILANO METHOD

Our Spa has become a DIBI specialised centre that combines avant guard cosmetic methodologies with ultra-high innovation content technology guaranteeing greatly effective results. Thanks to the professionalism and competence expressed in the DIBI method and to the knowing hands that instil well-being, we ensure you will have an extraordinarily pleasant experience. A crucial role is that of the DIBI beautician, who will help you to personalise the treatments to your own individual needs and expertly advise you on a focused and effective beauty programme, in the Hotel just like at home.

Luxury treatment..... 55 min € 75,00

After carefully recording your history we will treat your face like it deserves:

- HYDRA for skin in need of deep hydration
- CALM for sensitive skin that needs to be soothed and decongested
- PRODIGIO for antioxidant and revitalising actions

Day lifting + krf..... 55 min € 110,00

You can't stop time, but you can tackle the signs of ageing on your face. Thanks to precious active ingredients rich in collagen and elastin, vitamins B-C-PP, Botox-effect peptides and to the fantastic lift-effect of KRF, skin becomes soft and smooth. Results include skin that appears lifted, rejuvenated, more toned and compact. In addition, for the first time the composition of the cosmetics in this line have a combined peeling and lifting effect in a single product.

Hydra perfection..... 55 min € 120,00

with KRF (1h25min) € 150,00

An exceptional collagen and hyaluronic acid mask, Hydra Perfection hydrates and nourishes, ensuring an optimum balance of hydration and nourishment levels for women's skin in all weather conditions. The cosmetic products in the line are designed to counteract dehydration-linked skin problems, resulting in hydrated skin and a bright complexion and face.

White science..... 55 min € 120,00

with KRF (1h25min) € 150,00

Cutting edge professional treatment that reduces blemishes, evens skin tone, brightens and lightens the complexion for that supreme perfection

effect. A targeted treatment that works by illuminating and evening redness, preventing the appearance of blemishes and uneven colouration of the epidermis, and protecting the skin from free radicals caused by pollution.

Age method 55 min € 120,00
with KRF (1h25min) € 150,00

The exquisite black alginate mask aims to repair damage caused by skin ageing and hormones, smoothing out features, minimising expression lines and deep wrinkles and reinforcing skin structure. The advanced solution to everyday stress lines.

THE GOLD 55 min € 160,00

Identifies and values your uniqueness, inner confidence and positive energy: because Eternal Beauty knows no age! The epitome of the art of cosmetics, PURE GOLD in the form of fine 24-carat leaf

A multi-correcting range with noble active elements and real promises:

- **YOUTH.** Stimulates cellular activity, collagen production and proteoglycan production, counteracting and reducing the appearance of lines and wrinkles.
- **RENEWAL.** The metabolism is accelerated and skin condition is optimised, looking better nourished, softer and more even.
- **VITALITY.** Skin is more compact, purer and more radiant.

Keramos radio frequency

Localised single area 25 min € 40,00

Forehead + eye area – Cheekbones + chin – neck + décolleté

Entire face 55 min € 70,00

3 Sessions € 190,00

Radio frequency, the most effective and efficient face technology ever. The stimulation of fibroblast activity provides immediate, incredibly visible results. You can treat specific areas, eye area, lips or the entire face for that absolutely WOW effect.

CLASSIC FACIAL TREATMENTS

BB Clean Face 55 min € 55,00

Intensive facial cleansing treatment designed to highlight skin beauty with vitality and hydration. The enjoyable and energising massage causes the face to relax. The skin is relieved of impurities and toxins, making it appear smoother and fresher, ready for the treatments to come.

BB Thermal Face 25 min € 35,00

Abano thermal water-based treatment. This mud mask has purifying and decongestant properties. While the mask is setting, it releases very rich mineral substances that will give the face a toned, bright and perfectly smooth appearance.

BB Iridium 25 min € 35,00

Treatment for eye contours with pure collagen, hyaluronic acid, algae extracts, Hamamelic and rose water, with moisturizing, drainage, and anti-wrinkle components, which give new freshness and elasticity.

Glyco and Acids.....55 min € 75,00

Rejuvenating facial peeling with anti-wrinkle action thanks to its smoothing and peeling properties. Also perfect to lighten the spots, for a luminous and elastic skin.

DIBI MILANO BODY TREATMENTS

Lymfogen-e Press massage leg treatment.....45 min € 45,00

The gradual and programmed pressure of LYMFOGEN-E technology, just like physiological pressure, makes venous and lymphatic circulation more efficient resulting in improvements in the imperfections that are related to it: cellulite, water retention and heaviness in the lower limbs.

Lymfogen-e Press massage arm treatment.....25 min € 35,00

Stimulates venous and lymphatic circulation, flushing out excess water and improving circulation. Excellent for cellulite.

KERAMOS radio frequency body.....45 min € 70,00 3 sessions € 190,00

The appropriate heat generated strongly boosts vascularisation and lymphatic drainage, as well as immediate stimulation of collagen fibres, initiating a real "skin rejuvenation", helping to improve tissue permeability and elasticity.

CLASSIC BODY TREATMENTS

Body scrub-massage with salt and thermal bath.....55 min € 64,00

Treatment that combines the relaxing effects of a massage with the efficacious stimulation of skin metabolism and microcirculation thanks to the salt particles rubbing against the skin, which also removes dead cells, renewing the skin.

Algae-thalassotherapy + bath with Dead Sea salts.....55 min € 48,00

It consists of a cataplasm of algae (sea oak) applied to the body and left for 20 minutes, which remineralizes tissues and removes excess liquids by osmosis. A thermal bath with Dead Sea salt completes the treatment, which is indicated for losing weight and eliminating cellulite.

Cold wraps.....25 min € 35,00

This treatment involves the application of disposable bandages soaked in substances with a high concentration of active ingredients, which are released while they are on the body. These substances reduce fat and leg swelling and tone skin. The wraps are particularly indicated in warmer months due to their pleasant cooling effect.

Toning massage 25 min € **37,00**
 55 min € **64,00**

A massage aimed at invigorating and toning tissue and making them recover elasticity. It not only acts on muscles, but also on the skin and the person's more global state of wellbeing and relaxation.

Anti-cellulite treatment 25 min € **37,00**
 55 min € **64,00**

Firm massage that can reduce and counteract imperfections caused by localised fat deposits. Helps restore a sculpted and toned body shape.

RITUALS



Deep Relaxation
DIBI Face & Body Ritual 85 min € **110,00**

A unique sensory experience, which cleanses the skin, releases tension and relaxes deeply.

Our advice: Suitable for those who struggle to fall asleep.

Awakening of the senses
Sumptuous ritual with Cacao 85 min € **110,00**

A multi-sensory journey, which nourishes and hydrates the skin by stimulating the production of endorphins, "the molecules of happiness".

Our advice: Suitable for finding a good mood.

PROMO MESSAGES

Our proposal for Relaxation and Retreat in the Maison BB, to boost the benefits of the Thermal Holiday.

Antistress

3 massages 55 min. € 195,00 € **170,00**

6 massages 55 min. € 390,00 € **330,00**

Lymphdrainage

3 total body 55 min. € 210,00 € **185,00**

6 total body 55 min. € 420,00 € **355,00**

The promo applies to massages made by one person.

AESTHETIC MEDICINE **NEW**

A new proposal of high performance beauty treatments with natural ingredients, performed by our expert medical staff. Only one goal: to make you smile in front of the mirror.

Hyaluronic acid filler

Treatment with pure hyaluronic acid against wrinkles, face and décolleté imperfections, lip correction.

Face biorevitalization

Biostimulating facial treatment with vitamins and enzymes. Facial cleansing is recommended before treatments to optimize the effect.

Anti-cellulite mesotherapy

Micro-injections of natural enzymes to dissolve fatty deposits. Subsequent supplementary lymphatic drainage treatment is indicated.

Please contact our SPA Desk for more information.

BEAUTY SERVICE

Tanning shower.....€ 18,00

Manicure.....€ 25,00

Pedicure.....€ 35,00

Waxing

Legs.....€ 36,00

Half leg.....€ 29,00

Legs and groin.....€ 45,00

Half leg and groin.....€ 38,00

Groin.....€ 15,00

Armpits.....€ 10,00

Arms.....€ 15,00

Upper lip.....€ 7,00

Hairdresser's for "her" and "him"

A WORLD OF WELLBEING AND BEAUTY BY MAISON BB



Asia

- 1 Phytobath with thermal water and essences 25 min.
- 1 Ayurvedic massage 55 min
- 1 Shiatsu 55 min.
- 1 Multi Facial Reflexology Dien Cham 25 min

Package price € 200,00

Minimum recommended stay 3 nights



America

- 1 Phytobath with thermal water and essences 25 min
- 1 Deep tissue massage 55 min.
- 1 Foot reflexology 25 min

Package price € 110,00

Minimum recommended stay 2 nights



Europa

- 1 Phytobath with thermal water and essences 25 min
- 1 AponusThermal massage 25 min.
- 1 Thermal face 25 min.

Package price € 70,00

Minimum recommended stay 1 night

The room rate is not included and must be added to the package price.

360° WELL-BEING OUR EMOTIONAL PATHS



Relax

- Tibetan massage 55 min.
- Candle Massage 55 min.
- Back & Shoulder relaxing massage 25 min.

Package price

€ 179,00 € 144,00



Purify

- Body scrub-massage with salt 55 min.
- Ayurveda massage 55 min.
- Face massage and mask 25 min.

Package price

€ 155,00 € 124,00



Excite

- Chocolate massage 55 min.
- Revitalising facial massage 25 min.
- Tonifying leg massage 25 min.

Package price

€ 144,00 € 114,00