



MASSAGES AND WELL-BEING/HOLISTIC TREATMENTS

Anti-stress digital pressure.....25 min € **40,00**

Localized treatment performed through finger pressure on the shoulders, neck and head according to a sequence of energy points. Stimulation can also involve the energy points that act in metabolism: it therefore supports diets for detoxification and losing weight.

Anti-stress massage.....25 min € **37,00**
55 min € **65,00**

It is a group of manual maneuvers on the muscles, aimed at eliminating stress. This massage increases circulation in the arteries and veins, improving the nourishment of muscle fiber and favoring the removal of waste (carbon dioxide, lactic acids, etc.). The action is carried out throughout the entire organism, accelerating the replacement, increasing diuresis and producing a sedating and relaxing effect.

Candle Massage.....55 min € **65,00**

It is a real multi-sensory massage, a cure-all for the body and the mind, for those who want to enjoy moments of total relaxation and regenerating tranquility. Honey, expertly mixed with shea butter, leaves the skin protected, nourished and compact with a lifting effect all over the body.

Aroma-Massage with chocolate or vanilla.....45 min € **55,00**

The aroma of chocolate stimulates endorphins which, when activated give an intense sensation of peace and fulfilment, the properties of cocoa butter do the rest, leaving the skin silky and hydrated.

Foot reflexology.....25 min € **40,00**

Manipulations and digital pressure on the reflex points that correspond to our organs, according to a precise map, with the consequent improvement in physical disturbances.

Shiatsu.....55 min € **65,00**

A Japanese treatment based in part on manipulating the body, in part on exercising pressure in points located on meridians, in order to make energy flow along these channels and restore the state of psycho-physical wellbeing.

Lomi Lomi Nui - Hawaiian massage.....55 min € **70,00**

Traditional Hawaiian massage, technically strong, with muscle toning effects and drainage and stimulation of circulation. It is done on a nude body with oils to facilitate the work of the hands and forearms, which make wave movements, delicate and energetic at the same time, which affect all levels of being.

Ayurvedic massage.....55 min € **84,00**

Ayurvedic massage consists of slowly sliding hands along the entire body, listening to its alterations in order to orient it towards greater harmony. The massage is done with aromatic and curative oils, chosen

according to the physical constitution of the person; the movements made reactivate blood and lymphatic circulation, producing a deep and general state of relaxation.

Relaxing Hot Stones.....55 min € **70,00**

This massage uses heated volcanic basalt rocks, which can conserve heat for long periods and slowly release it when in contact with the skin, through the use of pure essential oils. The beneficial heat makes the body and mind totally relax, giving a general sensation of wellness.

Hot Stones with contrasting stones.....55 min € **75,00**

In addition to the pleasant relaxation caused by the beneficial heat released by the volcanic black rocks, this contrast heat therapy also uses cold white ones, alternating them to stimulate blood circulation, eliminate toxins and tone muscles.

Hot Stone and Crystals.....55 min € **75,00**

An evocation of ancient traditions. Stones are heated and skilfully applied by slowly massaging the body, inducing deep relaxation. The crystals complete this magic moment through their rebalancing action on Chakra points.



LA BELLEZZA IN UN METODO

DIBI MILANO METHOD

This year our Spa has become a DIBI specialised centre that combines avant guard cosmetic methodologies with ultra high innovation content technology guaranteeing greatly effective results. Thanks to the professionalism and competence expressed in the DIBI method and to the knowing hands that instil well being, we ensure you will have an extraordinarily pleasant experience.

A crucial role is that of the DIBI beautician, who will help you to personalise the treatments to your own individual needs and expertly advise you on a focused and effective beauty programme, in the Hotel just like at home.

DIBI MILANO FACIAL TREATMENTS



Basic Facial.....55 min € 55,00

Intensive cleansing treatment to enhance the beauty of the skin providing vitality and hydration. Enveloped in a pleasant and stimulating massage, the face relaxes and the skin now relieved of impurities and toxins appears smoother and fresher, ready for the next treatments.

Luxury face Treatment.....55 min € 75,00

After carefully recording your history we will treat your face like it deserves: objective HIDRA for skin in need of deep hydration, objective CALM for sensitive skin that needs to be soothed and decongested, objective PURE to rebalance, mattify and purify mixed and impure skin types, objective PRODIGIO for antioxidant and revitalising actions.

Day lifting.....55 min € 110,00

You cannot stop time but you can counter the signs of time on your face, thanks to precious active ingredients rich in collagen and elastin, vitamins B-C-PP and lifting peptides with Botox effect, giving the skin extraordinary smoothness and lift effect. Radio frequency included.

Procellular.....55 min € 150,00

Dermobiotics at your beauty's service for skin that is re-texturised, more uniform and compact, free of damaging toxins and more resistant to external aggression.

Perfect for skin that is fragile and sensitised naturally, due to age, or as a consequence of aesthetic medicine treatments.

Intensive anti-age treatment.....55 min € 120,00
Combined with KRF-radio frequency...1h 25 min € 150,00

The passing of time and oxidative stress caused by free radicals are factors in premature ageing. Our objective is to illuminate, even out, fill and lift. The synergy of all the specific DIBI lines will diminish signs of time on your face. With their experience and professionalism, our beauticians will know how to personalise the most appropriate treatment for your needs.

- Hidra perfection -the exceptional collagen mask with hyaluronic acid for an extreme youthful effect
- White science -illuminating anti-age spot treatment melanin regulator.
- Age method -the precious black alginate mask for more uniform and compact skin.
- Filler code- absolute filler treatment.

Keramos radio frequency

entire face.....40 min € 70,00

Localised single area.....20 min € 40,00

Forehead + eye area – Cheekbones + chin – neck + décolleté

Radio frequency, the most effective and efficient face technology ever. The stimulation of fibroblast activity provides immediate, incredibly visible results. You can treat specific areas, eye area, lips or the entire face for that absolutely WOW effect.

CLASSIC FACIAL TREATMENTS

Illuminating mud mask.....25 min € 35,00

The mud mask has properties that are indicated for face and neck beauty treatments. The mask is left on for 15 minutes; during this time the mud releases mineral substances that tone and nourish the skin, making it smoother and more radiant.

Facial Gomming.....55 min € 60,00

A patented delicate pneumatic massage that nourishes and oxygenates face and chest derma, using specific products with a collagen or hyaluronic acid base. After just one session the toning and firming effects are evident.

Iridium.....25 min € 35,00

Treatment for eye contours with pure collagen, hyaluronic acid, algae extracts, Hamamelic and rose water, with moisturizing, drainage, and anti-wrinkle components, which give new freshness and elasticity.

Glyco and Acids.....55 min € 75,00

Rejuvenating facial peeling with anti-wrinkle action thanks to its smoothing and peeling properties. Also perfect to lighten the spots, for a luminous and elastic skin.

DIBI MILANO BODY TREATMENTS



Body scrub-massage with salt and thermal bath

55 min € 64,00

Treatment that combines the relaxing effects of a massage with the efficacious stimulation of skin metabolism and microcirculation thanks to the salt particles rubbing against the skin, which also removes dead cells, renewing the skin.

Algae-thalassotherapy + bath with Dead Sea salts

55 min € 48,00

It consists of a cataplasm of algae (sea oak) applied to the body and left for 20 minutes, which remineralizes tissues and removes excess liquids by osmosis. A thermal bath with Dead Sea salt completes the treatment, which is indicated for losing weight and eliminating cellulite.

Lymfogen-e Press massage leg treatment

45 min € 45,00

The gradual and programmed pressure of LYMFOGEN-E technology, just like physiological pressure, makes venous and lymphatic circulation more efficient resulting in improvements in the imperfections that are related to it: cellulite, water retention and heaviness in the lower limbs.

Lymfogen-e Press massage

arm treatment 25 min € 35,00

Stimulates venous and lymphatic circulation, flushing out excess water and improving circulation. Excellent for cellulite.

KERAMOS radio frequency body 45 min € 70,00

3 sessions € 190,00

The appropriate heat generated strongly boosts vascularisation and lymphatic drainage, as well as immediate stimulation of collagen fibres, initiating a real "skin rejuvenation", helping to improve tissue permeability and elasticity.

Cell Contour Dren Plus body treatment

55 min € 80,00

Ideal treatment for cooled down and light legs, that look smooth with a compact and even texture thanks to draining and contouring active ingredients. Eliminates that "orange peel" look, counters and prevents the imperfections linked to cellulite, facilitates the reduction of thigh, buttocks and waistline circumferences.

Cell Contour Cellulite body treatment

55 min € 80,00

CELL CONTOUR cellulite treatment works on all aspects and facets of cellulite. The combined action of products, technology and beautician reactivates micro circulation and promotes the elimination of excess liquid, weakens the fibrous cells of the micro and macro nodules producing a real lift effect for the skin.

CLASSIC BODY TREATMENTS

Cold wraps 25 min € 35,00

This treatment involves the application of disposable bandages soaked in substances with a high concentration of active ingredients, which are released while they are on the body. These substances reduce fat and leg swelling and tone skin. The wraps are particularly indicated in warmer months due to their pleasant cooling effect.

Toning massage 25 min € 37,00

55 min € 64,00

A massage aimed at invigorating and toning tissue and making them recover elasticity. It not only acts on muscles, but also on the skin and the person's more global state of wellbeing and relaxation.

Anti-cellulite treatment

with ultrasound 55 min € 64,00

It is based on the combined action of specific products that are transmitted under the skin by an ultrasound machine and a manual massage on the afflicted areas.

Prometeo electrostimulator 55 min € 50,00

It is a machine that shapes the body by producing electric pulses, which cause progressive, painless contractions that can affect surface and deeper areas. The results: lightening of the lower limbs, reduction in circumference, development of muscle mass, and tissue toning.

BEAUTY SERVICE

Tanning shower € 18,00

Hairdresser's for "her" and "him"

Manicure € 25,00

Pedicure € 35,00

Waxing

Legs € 36,00

Half leg € 29,00

Legs and groin € 45,00

Half leg and groin € 38,00

Groin € 15,00

Armpits € 10,00

Arms € 15,00

Upper lip € 7,00



SPECIALS



Face special - Extreme Hydration treatment path

- 1 Luxury face treatment 55 min.
- 1 face krf radio frequency 40 min.
- 1 Intensive anti-age treatment 55 min.

Package price _____ € 265,00 € **230,00**
Minimum recommended stay 3 nights

Face special - "Facelift" treatment path

- 1 Luxury face treatment 55 min.
- 1 Day Lifting with radio frequency 55 min.
- 1 Intensive Anti-Age treatment 55 min.

Package price _____ € 305,00 € **270,00**
Minimum recommended stay 3 nights

Face and body special – Time of Ritual

Face and body welcome ritual

The TIME OF RITUAL body treatment is dedicated to welcoming and to the world of ritual: it reawakens the skin and the senses, cleanses, prepares and relaxes. A sensory treatment experience that melts away tension, for skin that right away appears bright and revitalised, ready for the next treatments. Skin is smoother, renewed, radiant, appearing more toned and you feel a positive impact on your mood.

Ritual price _____ 1h 30 min € **110,00**

Body Special- Remise en Forme

- 1 salt massage-scrub with thermal bath 55 min.
- 1 peristaltic press therapy for the legs 45 min.
- 1 Cell Contour Plus treatment 55 min.

Package price _____ € 200,00 € **180,00**
Minimum recommended stay 3 nights

OUR PROPOSALS FOR YOUR WELLNESS



Think about yourself give yourself a special gift

- 1 antistress massage 25 min.
- 1 Luxury facial beauty treatment 55 min.
- 1 phytobath with essential oil 25 min.
- 1 Relaxing Hot Stones 55 min.
- 1 Lomi Lomi Nui - Hawaiian massage 55 min.

Package price _____ € **250,00**
Recommended minimum stay of 3 nights



Pamper yourself and Relax

- Welcoming ritual face and body 1h 30min
- 1 phytobath with essential oil 25 min.

Package price _____ € **120,00**
Recommended minimum stay of 2 nights



A day for yourself

- 1 face/body treatment with a choice between antistress or toning massage 25 min., partial lymph drainage, massage and mud mask, facial cleansing.
- 1 phytobath with essential oil 25 min.

Package price _____ € **60,00**
Recommended minimum stay of 1 night

MAYR CURE



This treatment protocol is widespread in Austria, Germany and the Nordic countries, and it consists of at least one or two weeks in which you allow the intestines to rest, thanks to a diet controlled by the doctor.

The benefits of the Mayr cure:

- Detoxification of the organism
- Elimination of the work overhead of the digestive system
- Anti-aging action, visible on the skin and hair after just one week
- The concentration ability increases and mood benefits from it
- Improvement/resolution of chronic pain
- Increased energy, memory and concentration skills

CURATIVE FASTING UNDER MEDICAL SUPERVISION OF OUR SPECIALIST: Dr. Christine Enthammer

Our proposal for one week of Mayr Cure

- First meeting with our doctor for an evaluation of your state of health and the careful explanation of the therapeutic protocol Mayr, giving of the food plan during the stay
- 5 meetings with the doctor for abdominal treatment and short check of the cure progress
- Meals are served in a private area or, if you prefer, in your room, with food allowed by the doctor
- 2 liters of mineral water and herbal teas at your disposal every day in your room
- Final control with the giving of a discharge letter for the family doctor and of the food plan for the following weeks

Package price, per person € 600,00

Minimum stay recommended 6/7 nights and calculated on the basis of half board



"THE SHOP"

On the first floor we have opened the "Shop", where you can find the products from our DIBI Milano face and body beauty range, from Maison B.B and gift ideas. The Shop is also the information point for trips to the Euganean Hills, excursions by bike, by boat, wine tasting and to get to know all the beauty of our area.

Thanks to a new partnership with the **Viaggiare Curiosi** Agency, this year we are offering interesting visits to "ville venete" of the Euganean hills, tastings at the best wine cellars in the area, guided and personalised excursions by minibus, by bike, on foot and even by boat to discover the area.

WINE TASTING AT A LOCAL WINE CELLAR* € 25,00

Visit to a wine cellar with snacks consisting of products from Veneto tradition and tasting of 4 wines

WINE CELLARS BY BIKE* € 40,00

Independent excursion by bike to Monselice, Arquà Petrarca and Lispida Castle also with the possibility of renting an **E-Bike****

TO THE CASTLE IN A ROWING BOAT* € 35,00

Excursion in a traditional Veneto boat rowed by gondoliers along the Battaglia canal with a guided visit of Catajo Castle (min. 5 people)

ARQUA' PETRARCA and JUJUBE LIQUEUR € 55,00

Stroll in the pretty medieval hamlet named after the famous poet and known as one of the most beautiful in Italy with a taste of the traditional tippie "Brodo di Giuggiole" (Jujube Liqueur)

THE "VILLE VENETE" OF THE EUGANEAN HILLS € 80,00

Excursion by minibus to Villa Vescovi, to the monumental garden of Villa Barbarigo or, in bad weather, to Catajo Castle

**Excursions included in our package stays; it is possible to replace them with others, paying only the difference in price.*

***E-Bike rental 20/25 Euro a day*